

Fincastle Presbyterian Church
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March 2025
Volume 6, Issue 3

...from ~~David's~~ Patsy's Desk

Welcome March!

When I asked David about writing something for the newsletter, he asked me if I had any suggestions. I happened to find this article from Pope Francis about the season of Lent on Facebook from 2022. I shared it with him and he said, "why don't you just use that!!" So here I am sharing some wisdom from Pope Francis about the idea of how to celebrate Lent. I hope you find something that will resonate with you. I think I'll try one of these instead of "giving up Diet Dr. Pepper for Lent. *Blessings, Patsy*

Instead of fasting from meat, Pope Francis suggests 15 simple acts of love.

1. Say hello. (always and everywhere)
2. Thank you (even if it is not "expected" from you).
3. Remind others how much you love them.
4. Greet with joy people you see every day.
5. Listen to each other's story without prejudice, with love.
6. Stop by to help. Be attentive to those who need you.
7. To lift someone's spirits.
8. Celebrate the good or accomplishments of others.
9. Take what you don't use and donate to someone in need.
10. When there is a need to help another instead of resting.
11. Remind with love, do not be silent out of fear.
12. Going deep with those close to you.
13. Wash what I use at home.
14. Helping others overcome obstacles.
15. Call your parents if you are lucky enough to have them.



Staff

Rev. David A. Dickerson,
D.Min —Pastor

Mrs. Lori Turner—Music
Director

Mrs. Dannette Heinlein—
Secretary/Bookkeeper

Mr. Hall Bailey—
Treasurer

Mr. John Kilby —Clerk of
Session

Session Members

- Class of 2025: Fred Coots, Lynne Bolton, Jim Porter
- Class of 2026: Lyn Burton, Hal Bailey, Patsy Dickerson
- Class of 2027: Cathy Goad, Patty Vari, Teri Walker

The Worship Committee invites you to join us in this new event that announces that Lent will begin the next day. There is no charge but donations will be accepted. The MENU will be pancakes, syrup, sausage, Coffee, Tea, and OJ

Worship Hours

- Sunday School—9:30 am
- Sunday Service—begins at 10:30 am
- Wholeness and Healing Prayer Service—4th Wednesday of each month at 5 pm

Sanctuary Open for Prayers

The Sanctuary will be open for you from 11 am—1 pm for personal prayers. There will soft music being played during this time.



A poster for Pancake Shrove Tuesday. At the top, the word "PANCAKE" is written in a large, outlined, sans-serif font, arched over the top. Below it is a black and white line drawing of a breakfast scene: a stack of three pancakes on a plate, a pitcher of syrup, a mug of coffee, and a pat of butter on a saucer. To the left of the pitcher is the text "ONE LAST BITE" and to the right is "ONE MORE DAY". Below the drawing, the words "SHROVE TUESDAY" are written in a large, outlined, sans-serif font, arched over the bottom. In the center, the text reads: "COME EAT WITH US!", "TUESDAY, MARCH 4, 2025", "FINCASTLE PRESBYTERIAN CHURCH FELLOWSHIP HALL", "5 - 7 PM", "NO RSVP NECESSARY", and "WWW.REALLYGREATSITE.COM".

What is Pancake Tuesday? Also known as Pancake Day or Shrove Tuesday, is a holiday celebrated by many people in the United Kingdom, Canada, and other countries. It typically falls on the Tuesday before the start of Lent and is seen as a way to use up rich ingredients like sugar, butter, and eggs before the fasting period begins. People traditionally make and eat pancakes on this day as a way to celebrate the holiday. It's a fun and family-friendly way to mark the beginning of Lent.

Fincastle Presbyterian Church will be open on Friday, March 7, 2025 for any who would like to come into the sanctuary and pray.



The logo for World Day of Prayer features a blue globe with white clouds and sun rays emanating from behind it. Overlaid on the globe is the text "World Day of Prayer" in a large, bold, black, cursive-style font.

There will be soft music playing from 11 am—1 pm.



History of Presbyterian Lent

The history of Presbyterian Lent can be traced back to the Protestant Reformation in the 16th century. As part of the Reformation, John Calvin and other reformers sought to purify the practices of the Christian church, including the observance of Lent. While the Reformed tradition, which includes Presbyterianism, emphasized the authority of Scripture and the sovereignty of God, it also retained certain liturgical elements, including the observance of Lent.

Presbyterian Lent is rooted in the desire to engage in a period of spiritual discipline and preparation for the celebration of Easter. The Presbyterian Church, while distinct from Catholic and Orthodox traditions, acknowledges the significance of Lent as a time for self-examination, repentance, and renewal. The historical development of Presbyterian Lent reflects a commitment to honoring the Christian calendar while upholding the principles of the Reformed faith.

The observance of Lent in the Presbyterian tradition has evolved over the centuries, adapting to the cultural and theological context of the church. While the specific practices and customs of Presbyterian Lent may vary among different congregations, the underlying purpose remains consistent – to draw closer to God through intentional reflection, prayer, and fasting. This historical foundation provides a framework for understanding the significance of Lent within the Presbyterian Church and its enduring relevance in the modern era.

Ash Wednesday Service at St. Mark's Episcopal Church—7 pm

Lenten Lunches at Fincastle United Methodist Church—Noon (a light lunch is provided after each service)

- **March 12—Wednesday**
- **March 19—Wednesday**
- **March 26—Wednesday**
- **April 2—Wednesday**

Palm Sunday—April 13

Easter Sunday—April 20

(More information about Easter events will be in the April Newsletter)

***Sunday March 2 is
2 cents a Meal
Collection and
Food donations
for the Botetourt
Food Pantry***



More Suggestions from Pope Francis

- Refrain from insults and pass on kind words
 - Fast from discontent and fill yourself with gratitude
 - Fast from anger and fill yourself with gentleness and patience
 - Fast from pessimism and fill yourself with hope and optimism
 - Fast from worries and fill yourself with trust in God
 - Fast from complaining and fill your life with simple things
 - Fast from pressure and fill yourself with prayer
 - Fast from sadness and bitterness and fill your heart with joy
 - Fast from selfishness and fill yourself *with compassion for others*
 - *Fast from unforgiveness and fill yourself with attitudes of reconciliation*
 - *Fast from words and fill yourself with silence and listening to others.*
- If we all experience this Lent, our daily lives will be fulfilled:*
WITH PEACE, TRUST, HAPPINESS

2025 MARCH							NOTES
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
23	24	25	26	27	28	1	
2 2 cents a Meal Collection	3	3 Shrove Tuesday Pancake Supper	4 4 Ash Wednesday 7 pm St. Marks' Episcopal	5 5 Presbytery of Peaks Meeting	6 6 World Day of Prayer— Church open 11–1	7 7 8	
9 Handbells after church Daylight Savings Begins	10	11 Women's Bible Study— 2 pm	12 12 Noon Lenten Service— FUMC	13	14	15 Men's Breakfast at Northstar— 9 am	
16 Handbells after church	17 St. Patrick's Day	18	19 Noon Lenten Service— FUMC	20 First Day of Spring	21	22	
23 Handbells after church both Sundays	24	25	26 Noon Lenten Service—FUMC Wholeness and Healing 5 pm (FPC)	27 Session Meeting 7 pm	28	29	
30	31						

SPECIAL EDITION

The Virginia Gazette

SPECIAL EDITION

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250TH EDITION

14 MARCH 2025

REMEMBERING THE BOTETOURT RESOLUTIONS

IF WE ARE TO BE FREE, WE MUST FIGHT

J

Join Botetourt County Historical Society, Inc. alongside Andrew

Lewis and John Bowyer before their journey to the 2nd Virginia Convention.

March 2025 marks the 250th anniversary of the codification of the Botetourt Resolutions, a precursor to what would become the Revolutionary War.



LEWIS & BOWYER HEADED TO RICHMOND



2ND VIRGINIA CONVENTION TO BEGIN!

The Second Virginia Convention, held in 1775, was a gathering of Virginia delegates to choose representatives for the Second Continental Congress. Taking place at St. John's Episcopal Church in Richmond, the convention addressed colonial grievances over the Intolerable Acts.

The delegates adopted the Botetourt Resolutions, which expressed firm support for armed resistance against British oppression. A key outcome was the passage of a resolution to equip and prepare the Virginia militia. This meeting reflected the colony's growing resolve to respond to British Parliament's inaction.

IMPORTANT INFORMATION

Friday,

March 14, 2025

7:00pm

The Kyle House
Fincastle, Virginia

Program in the
Chapel with reception
to follow

Tickets are
\$10/person and
can be purchased at
the museum and
online

A HEARTFELT THANKS

Botetourt County Historical Society, Inc. is proud to partner with the Botetourt County Chapter DAR to bring awareness to an event that helped to shape not only our county, but our nation.

We also wish to extend our gratitude to the VA250 Commission for the work being done throughout the Commonwealth to share Virginia's role in the creation of the United States of America.